

PHI

LE
VIRUNGA

SOUNDBiTES



MENU

ATTIÉKÉ

Cassava couscous, bio cherry tomatoes from the Fraisdal gardens, mango, green peas, apricot dressing, pan roasted cashews, lettuce.

Meat option _____

BEEF SHANK

Delicious St-Chrysostome (Qc) beef shank braised 20h at low heat, condimenté tomato and ginger juice, pondu (cassava leaves simmered in a hint of peanuts) and lituma (mashed plantain and cassava).

OR

Vegan option _____

CONGOLESE STYLE LEGUME JUMBLE

Palava (peanut butter spinach), yam fufu and corn.

DECONSTRUCTED QUEBEC APPLE CRUMBLE

Mango with warm spices, coconut cloud.